



National Alliance on Mental Illness

Frederick Affiliate Event

You are invited!

Family-To-Family Family Reunion

Thursday, October 11 7:00 – 8:30 pm

Frederick YMCA Community Room

1000 North Market St.

Whether you took the NAMI Family-to-Family class last year or ten years ago, you are part of the NAMI Frederick Family! Even if the class is still on your to-do list, you are invited to join us! Friends and family members are welcome too!

For many of us, the Family-to-Family class was a defining time in our lives. We learned about mental illnesses, shared stories, made friends and found ways to help our family members and ourselves.

Now it is time to reconnect, renew friendships, and see what is new at NAMI Frederick. Come join us! We look forward to seeing you all!

Food, Activities, Information and Friendship

Let us know you are coming!

at namifrederick.org